

IRVINE VALLEY COLLEGE PSYCHOLOGICAL SERVICES

MENTAL HEALTH REFERRALS



Santa Ana Clinic for Mental Health

1200 North Main St. Ste. 200, Santa Ana, 92701
714-480-6767 Cost: Sliding scale, lowest \$37(No
Private Insurance/Medi-Cal is accepted)

PSYCHIATRIC Services, Therapy
M-TH 8-6 & F 8-5

Orange County Mental Health

5 Mareblu, Aliso Viejo, 92656
949-643-6901

Cost: Sliding scale / lowest \$37
(No Private Insurance/Medi-Cal is
accepted)

PSYCHIATRIC Services, Therapy
M-TH 8-6 & F 8-5

Western Youth Services

200 W Santa Ana Blvd Ste 801, Santa Ana, 92701
(714)704-5900 M-F 8-5

Ages 20 and Younger

Cost: Medi-Cal only (as primary or secondary ins.)

PSYCHIATRIC Services, Therapy +Testing

Hurtt Family Health Clinic Tustin

1 Hope Drive, Tustin, 92782

714-247-0300 Cost: Sliding scale

Serves homeless and underserved families Full
service medical, dental, vision, mental health

Chiropractic, and health
education M-F 8-5 (services for
all ages)

Insurances including Medi-Cal

PSYCHIATRIC Services

Harbor Psychiatry & Mental Health

4261 Teller, Suite 100 Newport Beach,
CA, 92660

949-887-7187 M-F 9-6

info@harbormentalhealth.com

Therapy in English/Farsi/Arabic

Cost: Most insurance CalOptima included

PSYCHIATRIC Services & ADHD testing

South Orange County Family

Resource Center

22481 Aspen St, Lake Forest,
92630 949-364-0500

M, T, F 8:30-5:30 Wed &
Thurs 11:30-8PM

Cost: Must **NOT** have insurance **Free**

Therapy in English & Spanish.

PSYCHIATRIC Services

Share Our Selves (SOS)

1 Purpose Drive, Lake Forest CA 92639
949-270-2100

Cost: Sliding scale/ \$0-\$20

Medi-Cal/ most insurance

T-Th 8:30 -7/ F 9-5

PSYCHIATRIC Services

Camino Health Center

22481 Aspan St. Suite A,
Lake Forest, CA 92639
949-240-2272

Cost: Sliding Scale

Medi-Cal/CalOptima/Blue Shield PPO

UC Irvine Health Psychiatry Services

101 The City Dr. S, Building 3, Orange,
92868 (714) 456-5902

Takes most insurance including

Cal Optima in Orange only.

PSYCHIATRIC Services

Alliance Psychiatric Group

17601 East 17th Street, #120, Tustin, 92780
714-769-6090

Monday-Friday 7-4 (hours vary)

Insurance/**PSYCHIATRIC Services**

Mariposa Women's Center

200 E Katella Ave, Orange
714-547-6494

Cost: Sliding scale, lowest \$15 and \$30 intake

English or Spanish

M 9-9/ Tu-Th 9-8:30/ F 9-5

OCAPICA

Well (ness)essity

12900 Garden Grove Blvd. Suite
214a, Garden Grove, 92843
844-530-0240 M-F: 9-5

12 Free Counseling Sessions

OMID Counseling

2101 Business Center Dr.
Suite 150, Irvine, 92612

(949) 502-4721 M-F 9am-6pm

Therapy in Arabic/Farsi/
Mandarin/Vietnamese/
Spanish/English: Free

ONLINE GROUPS

Cost: Sliding Scale

\$0-\$50 (income based)

Logical Behavioral Health

400 MacArthur Blvd., Suite 600, East
Tower

Newport Beach, 92660 949-648-3704

www.logicalbehavioralhealth.com

Serves Veterans and LGBTQ+ Patients

M-Sun 7-6

Neurological Testing Cost: Insurance only

Laura's House Domestic

Violence Resource Center

33 Journey Aliso Viejo, CA 92656
949-361-3775

Cost: Sliding scale (\$0-\$30)

Office 9-5/Treatment 9-7/ Child Care
4-8

BBK Counseling Services

23461 South Pointe Dr. Suite 175,
Laguna Hills, 92653

949-269-7220

Cost: sliding scale up to \$95

Insurance: Blue Cross and PPO

M-Th 8-7/F 9-5/S 8-3

Straight Talk Counseling Center

3785 S Plaza Dr, Santa Ana, CA 92704

info@straighttalkcounseling.org

714-828-2000 Cost: sliding scale \$25-65

Possible 1st 4 sessions at \$15/session

Norooz Clinic Foundation

202 Fashion Lane, Suite 219. Tustin, 92780
949-242-9720

Cost: Sliding scale/\$30-\$65(based on income)

Monday – Friday 8:00am - 8:00pm (PT)

EMDR (\$75), Testing Services

Turning Point

3181 Hairway Ave., Suite 5206A, Costa
Mesa, 92626

714-547-8111 M - F. 9-7

Cost: Sliding scale, lowest \$30/ Intake
session \$50/Groups \$30 flat fee

California Family Institute

2900 Bristol St. Suite C-208,
Costa Mesa, 92626

949-381-1510

Cost: Sliding scale/ \$40

Appointments M-F 8-8 Therapy

in English & Spanish

available

Chapman - Francis Smith Therapy Center

501 W. Palm Ave, Orange, 92868
714-997-6746 M-TH 9-8; F 9-4 and Sat. 9-2

Cost: Sliding scale/ \$15

Center for New Direction

232 W. Main Street. Ste. 101, Tustin,
92782

949-460-5320

M-F 9-5

Cost: **Kaiser/United/Aetna** or

\$125/Session

IRVINE VALLEY COLLEGE PSYCHOLOGICAL SERVICES

MENTAL HEALTH REFERRALS

Hotlines

Helplines

National Suicide Prevention Hotline

1-800-273-8255
Press 1 for Veteran
Press 2 for Spanish

www.suicidepreventionlifeline.org

Suicide Prevention Center Crisis Line

877-727-4747

Deaf and Hard-of-hearing text HEARME to

839863

www.didihirsch.org

Crisis Text Line

Text HOME to 741741
www.crisistextline.org

Rape Crisis Hotline

Phone: 949-831-9110

Child Abuse Hotline -OC

714-940-1000

Elder/Disable Adult Abuse Hotline-OC

1-800-451-5155

Alcoholics Anonymous OC

(24 hrs.)

714 556-4555

OC AA website

National Domestic Violence Hotline

1-800-799-7233

MY3 Application

www.my3app.org

Orange County Resource Line

Phone: 211 www.OC.org

Trauma Intervention Programs

949-614-6333

Narcotics Anonymous OC

714- 590-2388

www.orangecountyna.or

Housing: OC Rescue Mission

714-247-4300

800-663-3074

CAT-Centralized Assessment Team

(866) 830-6011

Health Care Agency

Behavioral health services
855-625-4657

(Medi-Cal + No Insurance)

SAMHSA

1-800-622-4357

www.samhsa.gov

ETS (Evaluation & Treatment Services)

Emergency Psychiatric
Evaluation 714-834-6900

Maternal Outreach Management System-OC

Services for Pregnant
Women (800) 787-5858

Community Legal Aid Society of Orange County

(800) 834-5001

www.legal-aid.com

Drug and Alcohol Referrals

Phoenix House

1207 E. Fruit St., Santa Ana
92701

714-953-9373

877-769-9698

Cost: Aetna, Anthem, Blue
Cross, Life Synch-Humana,
specializes in treating Women,
Latinos, & Veterans

Reflections Recovery Center

185 E. Paularino Ave. Street C-201, Cost Mesa

714-294-2393

Cost: Aetna, Anthem, Blue Cross
Treats Women, Veterans, and Latinos

Cornerstone

13682 Yorba St. Tustin, 92780

714-730-5399

Cost: Sliding Scale and Insurance
Therapy English and Spanish Sun-Sat

Shanti Orange County

23461 South Pointe Dr.

Suite 100,

Laguna Hills, 92653

949-452-0888

Accepts most private insurance/
sliding scale

Domestic Violence Resources

Laura's House Domestic Violence Resource Center

33 Journey Aliso Viejo, CA 92656

949-361-3775

Cost: Sliding scale (\$0-\$30)

Rape Crisis/Sexual Assault Hotline

949-831-9110

www.rainn.org

Interval House for Battered Women

714-891-8121

English/Spanish/Vietnamese

Women's Transitional Living Center

24-hour hotline: 714-992-1931

www.wtlc.org

Child Abuse Registry

714-940-1000

24 hr. Hotline to Report

The SheepFold (Christian Based)

810 North Tustin Street

Orange CA 92867

714-637-1132

(Provides shelter for abused women with a child)

Restraining Order

714-935-7956

Human Options

5540 Trabuco Rd. Ste. 100 Irvine, 92620

949-737-5242

Cost: Sliding Scale, \$1-\$30 and \$10 registration

LGBTQIA+ Resources

Radiant Health Center

17982 Sky Park Circle,
Suite J, Irvine, CA 92614
949-809-5709

CalOptima accepted

M-F 8:30 - 5

The LGBT Center OC

11605 N. Spurgeon St.
Santa Ana, 92701 714-
953-5428

Cost: Sliding Scale

M-W 10-9/ Th-F 10-6

OC Accept

4000 W. Metropolitan Dr. Ste 405
Orange, CA 92868
714-645-8000

Cost: Free M-F 8-5

English/Spanish/Vietnamese

UCI Pediatric Youth Gender Diversity Program

UC Irvine Medical Center

1 Medical Plaza Drive

Irvine, CA 92697

949-824-8600

Additional Location in Orange

CHOC Gender, Puberty and Sex Development (under 21)

CHOC Children's Health Center

Centrum North 1120 W. La Vista

Ave. Suite 125, Orange, CA 92868

(888) 770-246

Shanti OC

23461S Pointe Dr. #100,
Laguna Hills, CA 92653

(949) 452-0888

Cost: Private Insurance,

Medicare

Trevor Line

Crisis Hotline for
Youth

866-488-7386

www.thetrevorprp.org

object.org