

IRVINE VALLEY COLLEGE PSYCHOLOGICAL SERVICES

MENTAL HEALTH REFERRALS



Santa Ana Clinic for Mental Health

401 W Civic Ctr. Dr. Ste 100, Santa Ana, 92701
714-480-6767 Cost: Sliding scale, lowest \$37(No
Private Insurance/Medi-Cal is accepted)
PSYCHIATRIC Services, Therapy
M-TH 8-6 & F 8-5

OC Health Care Agency

5 Mareblu, Aliso Viejo, 92656
949-643-6901
Cost: Sliding scale / lowest \$37
(No Private Insurance/Medi-Cal is
accepted)
PSYCHIATRIC Services, Therapy
M-TH 8-6 & F 8-5

Western Youth Services

200 W Santa Ana Blvd. Ste 801, Santa Ana, 92701
714-704-5900
Ages 20 and Younger
Cost: Medi-Cal only (as primary or secondary ins.)
PSYCHIATRIC Services, Therapy +Testing
M-F 8-5

Hurtt Family Health Clinic Tustin

1 Hope Drive, Tustin, 92782
714-247-0300 Cost: Medi-Cal, Sliding scale
Therapy \$15+, Psychiatric \$20+
PSYCHIATRIC Services, Therapy
M-F 8-5

Harbor Psychiatry & Mental Health

4261 Teller, Suite 100, Newport Beach,
92660 949-887-7187
Cost: Most insurance CalOptima included
PSYCHIATRIC Services, Psychological Testing,
Therapy
M-F 9-5

South OC Family Resource Center

22481 Aspan St. Ste B, Lake Forest,
92630, 949-364-0500
Cost: Free, Must NOT have
insurance
Therapy, Case Management
M T F 8:30-5:30, W Th 11:30 – 8:00

Share Our Selves (SOS)

1550 Superior Ave., Costa Mesa, 92627
949-270-2100
Cost: Sliding scale/ \$0-\$20
Medi-Cal/ most insurance
PSYCHIATRIC Services, Therapy,
Medical, Food
M-F 8-4:30

Camino Health Center

22481 Aspan St. Ste A,
Lake Forest, 92639
949-240-2272
Cost: Medi-Cal/Blue Shield PPO
PSYCHIATRIC Services, Medical
M-F 8-5

Acacia Counseling and Wellness

4255 Campus Dr. A245, Irvine, 92612
949-502-0736
Cost: Most Insurance and Private Pay
PSYCHIATRIC Services, Therapy
M 8-7, T-F 8-6

UC Irvine Health Psychiatry Services

3800 W. Chapman Ave. Ste 500,
Orange, 92868, 714-456-5902
Cost: Most Insurance Accepted
PSYCHIATRIC Services
M-F 8-6

OCAPICA

Well(ness)essity
12912 Brookhurst St. Ste 400
Garden Grove, 92840, 844-530-0240
Cost: 12 Free Sessions
Therapy, Case Management
M-F 9-5

OMID

2101 Business Center Dr. Ste
150, Irvine, 92612
(949) 502-4721 Cost: Sliding Scale
\$0-\$50
Psych Assessment, Therapy
M-F 9-5

Straight Talk Counseling Center

3785 S. Plaza Dr., Santa Ana, CA 92704
714-828-2000 Cost: Sliding Scale \$25-\$65
No Insurance
Therapy
M-F 9-9

Chapman - Francis Smith Center

501 W. Palm Ave., Orange,
92868, 714-997-6746
Cost: Sliding scale \$15-\$60
Therapy
M-F 9-9, Sat 9-5

Logical Behavioral Health

4000 MacArthur Blvd. Ste 600, East Tower
Newport Beach, 92660, 949-648-3704
Cost: Most Insurance and Private Pay
Psychological Testing, Therapy
M-Sun 7-6

Norooz Clinic Foundation

1560 Brookhollow Dr. #212, Santa Ana
92705
949-242-9720
Cost: Sliding Scale \$35-\$75, No insurance
Psychological Assessment, Therapy
M-F 9-5

Turning Point Ctr for Families

3151 Airway Ave., Ste F-206A, Costa
Mesa, 92626, 714-547-8111
Cost: Sliding scale \$30+, Intake session
\$50, Groups \$30
Therapy, Groups
M-F 9-5

Center for New Direction

232 W. Main St. Ste 101, Tustin,
92782, 888-795-4337
Cost: Kaiser/United/Aetna or
Private Pay
Therapy
M-F 9-5

Alliance Psychiatric Group

17601 E. 17th St. #120, Tustin,
92780, 714-769-6090
Cost: Most Insurance Accepted
PSYCHIATRIC Services
M-F 7-4

IRVINE VALLEY COLLEGE PSYCHOLOGICAL SERVICES

MENTAL HEALTH REFERRALS

Helpful Apps



Safety Plan

Trill Project



Supportive Community,
LGBTQIA+

UCLA Mindful



Mindfulness, Stress

Mindshift CBT



Anxiety, Stress

Helplines

OC Resource Line
Dial: 211 www.211OC.org

Suicide Prevention Crisis Line
1-800-273-8255
1-877-727-4747
suicidepreventionlifeline.org
www.didhirsch.org

Trauma Intervention Programs
949-614-6333
Elder/Dependent Adult Abuse Hotline - OC
1-800-451-5155

CAT-Centralized Assessment Team
866-830-6011

Health Care Agency
Behavioral Health Services
855-625-4657
(Medi-Cal + No Insurance)

Crisis Text Line
Text HOME to 741741
www.crisistextline.org

SAMHSA
1-800-622-4357
www.samhsa.gov

ETS (Evaluation & Treatment Services)
Emergency Psychiatric Evaluation 714-834-6900

Maternal Outreach Management System-OC
Services for Pregnant Women 800-787-5858

Community Legal Aid Society of Orange County
800-834-5001
www.communitylegalsocal.org

Drug and Alcohol Referrals

Phoenix House
1207 E. Fruit St., Santa Ana 92701
714-953-9373
888-671-9392

Narcotics Anonymous OC
714- 590-2388
www.orangecountyna.org

Reflections Recovery Center
185 E. Paularino Ave. Street C-201, Costa Mesa
714-708-2950

Cornerstone
13682 Yorba St., Tustin, 92780
714-547-5375

Alcoholics Anonymous OC
714 556-4555
<http://www.oc-aa.org/>

Housing: OC Rescue Mission
714-247-4300
800-663-3074

Domestic Violence Resources

Laura's House Domestic Violence Resource Center
33 Journey, Aliso Viejo, CA 92656
949-361-3775

Rape Crisis/Sexual Assault Hotline
800-656-4673 www.rainn.org

National Domestic Violence Hotline
1-800-799-7233

Interval House for Battered Women
714-891-8121

Women's Transitional Living Center Hotline
24-hour hotline: 714-992-1931
www.wtlc.org

Child Abuse Reporting Hotline 24/7
800-207-1000

The SheepFold (Christian Based)
714-237-1444
(Provides shelter for abused women with a child)
Thesheepfold.org

Restraining Order
714-935-7956

Human Options
5540 Trabuco Rd. Ste. 100 Irvine, 92620
949-737-5242

LGBTQIA+ Resources

Radiant Health Center
17982 Sky Park Circle,
Suite J, Irvine 92614
949-809-5709
CalOptima accepted
M-F 8:30-5

The LGBT Center OC
11605 N. Spurgeon St.
Santa Ana 92701
714-953-5428
Cost: Sliding Scale
M-W 10-9/ Th-F 10-6

OC Accept
4000 W. Metropolitan Dr. Ste 405
Orange 92868
714-645-8000
Cost: Free
M-F 8-5

UCI Pediatric Youth Gender Diversity Program
UC Irvine Medical Center
1 Medical Plaza Drive
Irvine 92697
949-824-8600

CHOC Gender, Puberty and Sex Development (under 21)
CHOC Children's Health Center
Centrum North 1120 W. La Vista
Ave. Suite 125, Orange 92868
(888) 770-246

Shanti OC
23461S Pointe Dr. #100,
Laguna Hills 92653
(949) 452-0888
Cost: Private Insurance,
Medicare

Trevor Line
Crisis Hotline for Youth
866-488-7386
www.thetrevorpr.org