

IRVINE VALLEY COLLEGE PSYCHOLOGICAL SERVICES MENTAL HEALTH REFERRALS



Santa Ana Clinic for Mental Health

1200 North Main St. Ste. 200, Santa Ana, 92701
714-480-6767 Cost: Sliding scale, lowest \$37(No
Private Insurance/Medi-cal is accepted)

PSYCHIATRIC Services, Therapy
M-TH 8-6 & F 8-5

Orange County Mental Health

5 Mareblu, Aliso Viejo, 92656
949-643-6901

Cost: Sliding scale / lowest \$37
(No Private Insurance/Medi-cal is
accepted)

PSYCHIATRIC Services, Therapy
M-TH 8-6 & F 8-5

Western Youth Services

1666 N Main St Suite 400, Santa Ana, 92701
(714)704-5900 M-F 8-5

Ages 20 and Younger

Cost: Medi-Cal only (as primary or secondary ins.)

PSYCHIATRIC Services +Testing

Hurtt Family Health Clinic Tustin

1 Hope Drive, Tustin, 92782

714-247-0300 Cost: Sliding scale

Serves homeless and underserved families Full
service medical, dental, vision, mental health

Chiropractic, and health

education M-F 8-5 (services for
all ages)

Medi-cal Only

PSYCHIATRIC Services

Alliance Psychiatric Group

17601 17th Street, #120, Tustin, 92780
714-769-6090

Takes most insurance

M, W, Th 7-3

Tue, F Phone calls only

PSYCHIATRIC Services

South Orange County Family Resource Center

22481 Aspen St, Lake Forest,
92630 M,T,F 8:30-5:30
Wed & Thurs 11:30-8PM

949-364-0500 Cost: Must **NOT** have
insurance **Free Therapy in English &
Spanish**

PSYCHIATRIC Services

Share Our Selves (SOS)

1 Purpose Drive, Lake Forest CA 92639
949-270-2100

Cost: Sliding scale/ \$0-\$20
Medi-cal/ most insurance
T-Th 8:30 -7/ F 9-5

PSYCHIATRIC Services

Camino Health Center

22481 Aspan St. Suite A,
Lake Forest, CA 92639
949-240-2272

Cost: Sliding Scale

PSYCHIATRIC Services

UC Irvine Health Psychiatry Services

101 The City Dr. S, Building 3, Orange,
92868 (714) 456-5902

Evaluation \$150

Follow-up \$100-\$130

PSYCHIATRIC Services

St. Joseph Behavioral Health

1100 W. Stewart Dr, Orange, 92868
714-771-8085 M-F 9-3:30

Cost: Insurance only, out of pocket

PSYCHIATRIC Services, PHP/IOP

Mariposa Women's Center

812 W. Town & Country Rd, Orange
714-547-6494

Cost: Sliding scale, lowest \$15 and \$30 intake
English or Spanish
M-Th 9-9/ F 9-5/ Sat. 9-4

OCAPICA

Well (ness)essy

12900 Garden Grove Blvd. Suite
214a, Garden Grove, 92843
844-530-0240 M-F: 9-5

12 Free Counseling Sessions
On Campus Counseling Available

OMID Counseling

2101 Business Center Dr.
Suite 150, Irvine, 92612
(949) 502-4721 M-F 9am-6pm
Therapy in Arabic/Farsi/
Mandarin/Vietnamese

/English

Cost: Sliding Scale
(based on income)
Medi-cal/ Caloptima

Logical Behavioral Health

400 MacArthur Blvd., Suite 600, East
Tower

Newport Beach, 92660 949-648-3704
www.logicalbehavioralhealth.com
Serves Veterans and LGBTQ+ Patients
M-Sun 7-6

Neurological Testing Cost: Insurance only

Pilgrimage Community

Counseling

Stevens Square 232 W. Main St. Ste. 101,
Tustin, 92782

949-460 5320 M-F 9-5

Cost: Most Insurance (except Medi-cal)
or \$125 per session

BKK Counseling Services

23461 South Pointe Dr. Suite 175,
Laguna Hills, 92653
949-269-7220

Cost: sliding scale up to \$85
Insurance: Blue Cross and PPO
M-Th 8-7/F 9-5

Pepperdine University Counseling Center

18111 Von Karman Ste. 401, Irvine, 92612
949-223-2570 M - F 9-8
Cost: Sliding scale/ \$20

Norooz Clinic Foundation

202 Fashion Lane, Suite 219. Tustin, 92780
949-242-9720

Cost: Sliding scale/\$25-\$50 (based on income)
Monday – Friday 8:00am - 8:00pm (PT)

EMDR, Testing Services

Turning Point

3181 Hairway Ave., Suite 5206A, Costa
Mesa, 92626

714-547-8111 M - Sat. 9-7

Cost: Sliding scale, lowest \$25/ Intake
session \$40

California Family Institute

2900 Bristol St. Suite C-208,
Costa Mesa, 92626
949-381-1510

Cost: Sliding scale/ \$20
Appointments available M-F
day and evening Therapy in
Spanish available

Chapman - Francis Smith Therapy Center

501 W. Palm Ave, Orange, 92868
714-997-6746 M-TH 9-8; F 9 -4 and Sat. 9-2
Cost: Sliding scale/ \$15

Laura's House

999 Corporate Dr. #225,
Ladera Ranch, 92694
949-361-3775

Cost: Sliding scale
Lowest: \$0- \$30
Office 9-5/Treatment 9-7/
Child Care 4-8

IRVINE VALLEY COLLEGE PSYCHOLOGICAL SERVICES

MENTAL HEALTH REFERRALS

Hotlines

Helplines

National Suicide Prevention
1-800-273-8255
Press 1 for Veteran
Press 2 for Spanish
www.suicidepreventionlifeline.org

Rape Crisis Hotline
Phone: 949-831-9110

Child Abuse Hotline -OC
714-940-1000

Elder/Disable Adult Abuse Hotline-OC
1-800-451-5155

Alcoholics Anonymous OC
(24 hrs.)
714 556-4555
<http://www.oc-aa.org/>

Domestic Violence Hotline- OC
1-800-978-3600

MY3 Application
www.my3app.org

Suicide Crisis Help Line
877-727-4747

Deaf and Hard-of-hearing text HEARME to
839863

www.didihirsch.org

Crisis Text Line
Text HOME to 741741
www.crisistextline.org

Orange County Resource Line
Phone: 211 www.OC.org

Trauma Intervention Programs
714 314-0744

Narcotics Anonymous OC
714- 590-2388
www.orangecountyna.or

Housing: OC Rescue Mission
714-247-4300
800-663-3074

CAT-Centralized Assessment Team
(866) 830-6011

Health Care Agency
Behavioral health services
855-625-4657
(Medi-Cal + No Insurance)

Alcohol & Drug Helpline
(800) 821-4357

ETS (Evaluation & Treatment Services)
Emergency Psychiatric
Evaluation 714-834-6900

Maternal Outreach Management System
Services for Pregnant
Women (800) 787-5858

Legal Aid Society of Orange County
(800) 834-5001
www.legal-aid.com

Drug and Alcohol Referrals

Domestic Violence Resources

Phoenix House
1207 E. Fruit St., Santa Ana
92701
714-953-9373
877-769-9698

Cost: Aetna, Anthem, Blue
Cross, Life Synch-Humana,
specializes in treating Women,
Latinos, & Veterans

Reflections Recovery Center
185 E. Poularino Ave. Street C-201, Cost Mesa
714-294-2393
Cost: Aetna, Anthem, Blue Cross
Treats Women, Veterans, and Latinos

Cornerstone
13682 Yorba St. Tustin, 92780
714-730-5399
Cost: Sliding Scale and Insurance
Therapy English and Spanish Sun-Sat

Shanti Orange County
23461 South Pointe Dr.
Suite 100,
Laguna Hills, 92653
949-452-0888
Cost: Accepts Medi-Cal and Cal-
Optima

Laura's House
999 corporate Dr. #225 Ladera Ranch, 92694
949-361-3775
Cost: Sliding Scale - lowest \$0-\$30 Office:
9-5 Treatment 9-7 Child Care 4-8

Rape Crisis/Sexual Assault Hotline
949-831-9110
www.rainn.org

Interval House for Battered Women
714-891-8121
English/Spanish/Vietnamese

Women's Transitional Living Center
24-hour hotline: 714-992-1931
www.wtlc.org

Child Abuse Registry
714-940-1000
24 hr. Hotline to Report

Community Resource Center
1500 Adams #206 Costa Mesa
714-435-9992
Battered Women and Their
Children 25-day shelter, counseling,

Restraining Order
714-935-7956

Human Options
5540 Trabuco Rd. Ste. 100 Irvine, 92620
949-757-3635
Cost: Sliding Scale, \$1-\$30 and \$10 registration

LGBTQIA+ Resources

Radiant Health Center
17982 Sky Park Circle,
Suite J, Irvine, CA 92614
949-809-5709
Cost: Sliding scale. \$0-\$35
CalOptima accepted
M-F 8:30 - 5

The LGBT Center OC
11605 N. Spurgeon St.
Santa Ana, 92701 714-
953-5428
Cost: Sliding Scale
M-W 10-9/ Th-F 10-6

OC Accept
2035 E. Ball Road #100-C Anaheim
714-517-6100
Cost: Free
English/Spanish/Vietnamese
M-F 8-5

UCI Pediatric Youth Gender Diversity Program
UC Irvine Medical Center
1 Medical Plaza Drive
Irvine, CA 92697
949-824-8600
Additional Location in Orange

CHOC Gender, Puberty and Sex Development
CHOC Children's Health Center
Centrum North 1120 W. La Vista
Ave. Suite 125, Orange, CA 92868
(888) 770-246

Shanti OC
23461S Pointe Dr. #100,
Laguna Hills, CA 92653
(949) 452-0888
Cost: Sliding Scale, CalOptima

Trevor Line
Crisis Hotline for
Youth
866-488-7386
www.thetrevorprj.org