

News from the IVC Veterans Services Center

March 2018

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Useful links:

[IVC Veterans](#)

The Irvine Valley College Veterans Services Center website has lots of useful information.

[VA eBenefits](#)

If you ever want to know how many months of benefits you have left, or if you have a payment coming, this is the place to look.

[Dept of Veterans Affairs](#)

For information on the many benefits available to you, check out the US Dept of Veterans Affairs site.

Outside Agencies on Campus

Veterans Personal Counseling Availability

Feeling stressed? Dealing with anger? Or just need someone to talk to? Come in and see a member of our counseling team. They are here for you!

Dr. Miatta Snetter, US Vets
Tues & Thur 9am-7pm

Juan Gavidia, US Vets
Various Hours

All information shared is confidential.
Call 949-451-5296 to Schedule appointments.

Contact Us

Nancy Montgomery RN, MSN:
Director

Ezekiel Hall:
VA Certifying Official

Eric Garcia:
Veterans Counselor

[Veterans Services Center](#)
949-451-5296
ivcvets@ivc.edu

Happy Spring Break!!



Here are our Spring Break hours:

Monday – Thursday 8am – 4:30pm
Friday Closed

April Meet and Greet

Wednesday April 11th 11am – 2pm IVC Veterans Services Center



Join us as we get together to eat some food and connect with partnering agencies.

- Meet people involved with supporting veterans.
- Enjoy some food and camaraderie!

New On-Site Vocational Rehabilitation Counselor



IVC has finally been assigned a new on-site VA Voc Rehab counselor. We are fortunate to be one of the few schools in the country that has been granted an on-site Voc Rehab counselor. We are expecting the new counselor to arrive soon. We'll keep you posted as things develop.

Summer 2018 Registration

Priority Registration Begins April 2nd



I know it seems early, but summer registration is coming up quick. Start planning your schedules now so you can take advantage of your priority registration date.

If you need to adjust your Academic Plan, please make an appointment to meet with our Veterans Academic Counselor (Eric Garcia).

Mental Health Services on Campus

Balancing home and school responsibilities can sometimes be overwhelming. We just want to remind you that there are resources right here in the Vets Office. If you'd like to sit down and talk, give us a call or stop by and we can make an appointment.. 949-451-5296

All information shared is confidential.



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Tuesdays & Thursdays 9am-7pm



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Got Essays?



No appointments needed to get help with your writing skills here in the center. Czarina, our writing tutor, can guide you through the writing process and give you feedback on your assignments. She has stated that if you can't make it here on Wednesday nights, she may be willing to help you via email: cpiniol@ivc.edu

Czarina is here Tuesdays from 4 pm to 7 pm

MY3 App



Stay connected to your network when you are in a time of crisis with MY3. With MY3, you define your network, and your plan to stay safe. With MY3 you can be prepared to help yourself and reach out to others when you are feeling suicidal.

<http://my3app.org>

IVC Food Resource Center

Room B105 Mon, Wed, Fri 10am-2pm



If you find yourself in need of food, the IVC Food Resource Center has food and resources to help make sure you don't have to go hungry.